MODERN LUXURY SPOTLIGHT

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## DR. MARGO AURA EMAMI

AURAE MD 9850 GENESEE AVE, #840 LA JOLLA, CA 92037 858.333.7855 AURAEMD.COM

At AURAE MD in La Jolla, Dr. Margo Aura Emami delivers transformative results through her in-depth expertise of the latest non-invasive and minimally invasive technologies and a personalized, comprehensive approach to her patients. With 30 years of experience, this Harvard-educated physician created her serene aesthetic and regenerative medicine practice to be a center for preventative and restorative pathways to feeling and looking your best.

A leader in rejuvenation therapies, Dr. Emami believes that radio frequency microneedling currently offers the most versatility to treat a wide variety of patient concerns. Morpheus8, in particular, targets variable layers of the skin and underlying structures through controlled thermal energy, lifting and tightening the face, neck and body without incisions or surgery. The minimally invasive procedure reduces wrinkles, remodels fat and rebuilds collagen, renewing the skin with little downtime and no discomfort. It's also effective for acne, scars, stretch marks, and even redness, and is safe for most skin types.

While the technology is impressive, it's only as effective as the practitioner whose hands it's in. "Understanding how to optimize treatments for each patient as part of an overall plan is key to getting the best results." says Dr. Emami. "The exciting aspect is that we're improving skin health, while treating areas from the upper eyelids to the abdomen that would have only been reserved for surgery in the past."

Dr. Emami customizes patient treatment plans, which often pair Morpheus8 with a sequence of other procedures, like Botox, filler or the proprietary Y LIFT closed facelift. "Every patient is different, so every treatment is different. That's why a thoughtful consultation is an essential first step."



Logan, AURAE MD's patient care coordinator, states, "It's clear that what sets Dr. Emami apart is her consistent level of respect, care and attention to detail with every patient. She sees you as a unique individual that deserves to feel and look your best and will do everything she can to help you achieve just that. The results from her treatments are unlike any I've witnessed. I have literally seen patients look 15 years younger."

Dr. Emami's patients have found their results life-changing. "After having multiple fractionated procedures without sustainable results elsewhere, it was time to do something different," says Laura Johnson Esposito. "Dr. Emami is an artist. I had noticeable lifting, reduced wrinkles and acne scars were gone! My comfort and desired outcome was her primary concern, rather than just performing a procedure."

With patients of all ages, from teens with acne problems to women well into their eighties, Dr. Emami values being a resource for women at every life stage. "Aging beautifully requires effective options" she says. "When you have a plan, you have control and that translates into confidence. My goal is for my patients to always feel vibrant, beautiful, and ready to enjoy life!"





